

Friday

Programme

4:30pm	Check In Opens	Main Entrance
5:30pm	Welcome Talk	John Todd Room
7pm	Dinner	Dining Room
8pm	Quiz	Lounge
10pm	Prayers & Examen	Lounge
24/7	Craft	Russell Room

Saturday

7:30am	Run/jog/walk	Meet in garden outside Dining Room
8:30- 9:30am	Breakfast	Dining Room
9:45am	Morning Session & Worship	John Todd Room
11am	Morning Tea	Outside Dining Room
11:30am	Workshop - Time with Jesus	John Todd Room
12:45pm	Lunch	Dining Room

Saturday

2pm	Workshop - Emotional Needs	John Todd Room
3pm	Free Flow Activities: Drama or Music	Drama: Trevett Room Music: John Todd
4pm	Afternoon Tea	Outside Dining Room
4:30pm	Free Flow Activities: Mindful Movement or Writing	Mindful Movement: Trevett Room Writing: Harness Room
6:30pm	Dinner	Dining Room
7:45pm	Games/Movie/Chill	Trevett Room & Lounge
10pm	Bible Reflection & Prayers	Lounge
24/7	Craft	Russell Room

Programme

Sunday

8:15-9:30am	Breakfast	Dining Room
9:30am	Mindful Movement	Trevett Room
10am	Service & Communion	John Todd Room
11:15am	Morning Tea	Outside Dining Room
11:45am	Final Pause & Reflection Space	John Todd Room
12:30pm	Lunch	Dining Room
1:30pm	Goodbye!	
Until 12:30pm	Craft	Russell Room