

Restored
Ending Violence Against Women

**RESTORED TURNS TEN:
OUR IMPACT**

— 2010-2020 —





ABOUT US

Restored is a Christian charity aiming to help end violence against women by working through and with the UK church and Christian organisations.



Over a third of the world's population is Christian, and church networks and Christian organisations have a long history as agents of positive change. We focus on mobilising, training and equipping churches to prevent and respond to domestic abuse in churches in the UK. One in four churchgoers are experiencing domestic abuse in a current relationship; we partner with churches to create safe spaces for those affected by domestic abuse. Our five areas of work are:

- Supporting victims and survivors of abuse through a support network and a practical handbook.
- Raising awareness in the Church, through conferences, events and with our written resources.
- Training individuals, churches, leaders and Christian organisations taking awareness to the next level and highlighting how they can become an influencer in their church or organisation.
- Engaging men within the church to be a role model and an advocate.
- Speaking truth to the powerful through our advocacy programme.

10 YEARS OF **Restored**

Restored was founded in 2010 by Peter Grant and Mandy Marshall, both formerly of Tearfund. We're looking forward to celebrating our 10th anniversary this year. In this report, we share with you many of the highlights of these amazing ten years. We are thankful for God's provision during this time. Restored has especially valued major financial support from the Andrews Charitable Trust in establishing the charity.

THANK YOU:

we want to say a huge thank you to all our supporters who have helped us to make a real difference over the last ten years. We're enormously grateful for you.

KEY UK HIGHLIGHTS

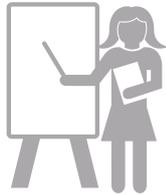


15,000 hard copies of our Church Pack on ending domestic abuse distributed and **10,000** downloaded, with more than **1,000** going outside the UK.



TRANSLATED the Church pack into Spanish, French, Portuguese, Hindi, Swedish, Russian, Arabic and Polish alongside a version adapted for the USA.

Trained over **5,000** Church Leaders and Safeguarding Officers, including the Methodist Church and Church of England; a total of **724** trainees attended one of the **95** training and speaking events during the last 4 years.



Nearly **ONE MILLION** people in almost every country of the world have visited our website (70% from the USA and the UK) to access free resources and information.

Over **250,000** people have read our domestic abuse and divorce blog.



Established an international online Survivors' Network, which now has more than **150** members and keeps growing.



Published the first ever research on domestic abuse in UK Churches, which was undertaken in Cumbria in 2018. It confirmed that **1 IN 4** churchgoers was suffering some form of domestic abuse at the time of the survey.



PUBLISHED a series of seven Bible Studies exploring masculinity and relationships.



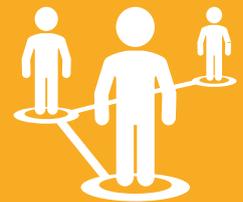
LOBBIED

Government and at the UN on domestic abuse highlighting the Cumbria research and asking for the inclusion of faith communities in the response to domestic abuse.



Published first ever Handbook for female Christian survivors of domestic abuse in January 2019 with over **1,500** copies distributed so far in over **15** countries.

Established a network for men: First Man Standing. Over **1,000** Christian men have committed to help end violence against women.





Restored Ambassador Bishop Rachel Treweek with outgoing Director Mandy Marshall.

RESTORED'S AMBASSADORS

Through events, media and online coverage, we raise awareness of violence against women and challenged others to do more to help end it. Right Revd Rachel Treweek, Bishop of Gloucester, Elaine and Alan Storkey, Suzie Flashman-Jarvis, and Carl Beech are our Ambassadors, helping to raise awareness.

On his appointment in 2018, Carl Beech said:

"I am passionate about the work of Restored and its First Man Standing campaign, having been involved with Restored since they began their so-important work. 1 in 4 women in the United Kingdom suffer from domestic abuse. This should not be so. We men must be fully involved in understanding, supporting and speaking up against domestic abuse. Yes, we are the problem - but we are also the solution."



CHURCH PACKS AND TRAINING

Our Church Packs help churches to both prevent and respond to domestic violence in their communities. 10,000 downloads and over 15,000 hard copies of our Church Pack have been distributed in the UK – and at least 1,000 outside the UK.

The leaders of every denomination in the UK have received a printed copy or link to a digital download of the latest edition published in March 2016. Feedback has been very positive. We have also developed over 70 other resources, including blogs to help Christians to address violence against women.

Our training enables those attending to challenge the attitudes and behaviours that perpetuate domestic abuse, and to offer compassionate support for women affected. Initially, we trained a few local churches. Word of the effectiveness of the training spread, and we found ourselves training church leaders and regional safeguarding officers (particularly those of the Methodist and Anglican Church) at regional level. By 2019 we had trained leaders and safeguarding officers from over 5,000 churches.

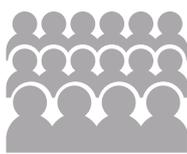
Restored has established close co-operation with Thirtyone:eight (formerly CCPAS) to extend Restored's training capacity and reach to a wide variety of churches. Thirtyone:eight purchase Restored's church pack to give out to participants as part of the training and Restored receives a donation for each session delivered by Thirtyone:eight.



TRAINING AND EVENTS 2016-2020


SPEAKING EVENTS
57


TRAINING EVENTS
38


TRAINING ATTENDEES
724

Details on our current training plans can be found at www.restoredrelationships.org/what-we-do/training

A survivor attending a recent training event commented:

"Was more than I expected. Very informed and as a victim, validated"

It was encouraging to read some of the actions people planned to undertake after the training:

"Be more on the lookout for domestic abuse to think about how to teach and educate the church"

"Talk with leaders re teaching on healthy relationships from platform in church or in group setting"

"Request church produces a policy on domestic abuse"



GROUND-BREAKING RESEARCH ON DOMESTIC ABUSE IN CHURCHES

This important research, carried out in Cumbria, and the first of its kind in the UK, was published in March 2018. 438 churchgoers took part in the survey, which showed that 1 in 4 of churchgoers suffered from some form of domestic abuse. Over 90% of the perpetrators were men and over 56% of those were Christian. **Only 2 in 7 who responded felt that their church leaders were well equipped to deal with the issue.** An infographic based on the report gave a quick overview and guide to the key findings in the report. The research has been widely used since, both in the UK and internationally, by other churches and Christian organisations. It has inspired others to consider conducting their own research into domestic abuse in churches in their own countries.

SURVIVORS' HANDBOOK

The highlight of 2019 was the launch of the Handbook for Female Christian Survivors of Domestic Abuse at the House of Lords. This handbook is the first of its kind in the UK, and includes contributions from 11 experts in their field. The handbook was very well received and the first print run of 500 copies had gone within two months. **Over 1,500 copies have already been distributed, with 20% sent overseas,** mostly to the USA. A second edition, with additional chapters, is planned for 2021. Digital and audio versions are also planned.

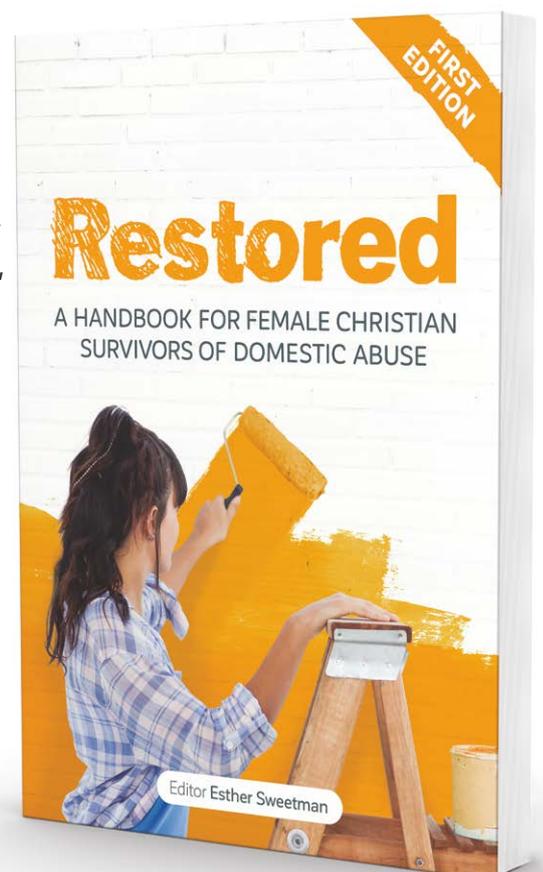
For more details, see:

www.restoredrelationships.org/survivorshandbook

We have received several emails from survivors thanking us for this resource and reminding us how much it is needed.

'I'm so impressed with your new Handbook for Survivors! It's so practical, compassionate, easy to read with the various informative sections and layout, professional and spiritually encouraging and empowering! Well done and thank you so much!'

'Thank you so much for the handbook – it is excellent -so helpful. Amazed there is such a resource out there – just when I need it and I just found you when I searched online.'



SURVIVORS' NETWORK

Restored hosts a rapidly expanding Survivors' Network providing online support and encouragement to its 150 plus members. The network has grown by 50% since the launch of the handbook at the end of January 2019.

See more information at www.restoredrelationships.org/what-we-do/supporting-survivors

A trained volunteer supports survivors through regular emails and the development of resources. Plans are afoot to launch a Facebook Forum for Survivors, led by survivors. One member of the Network said,

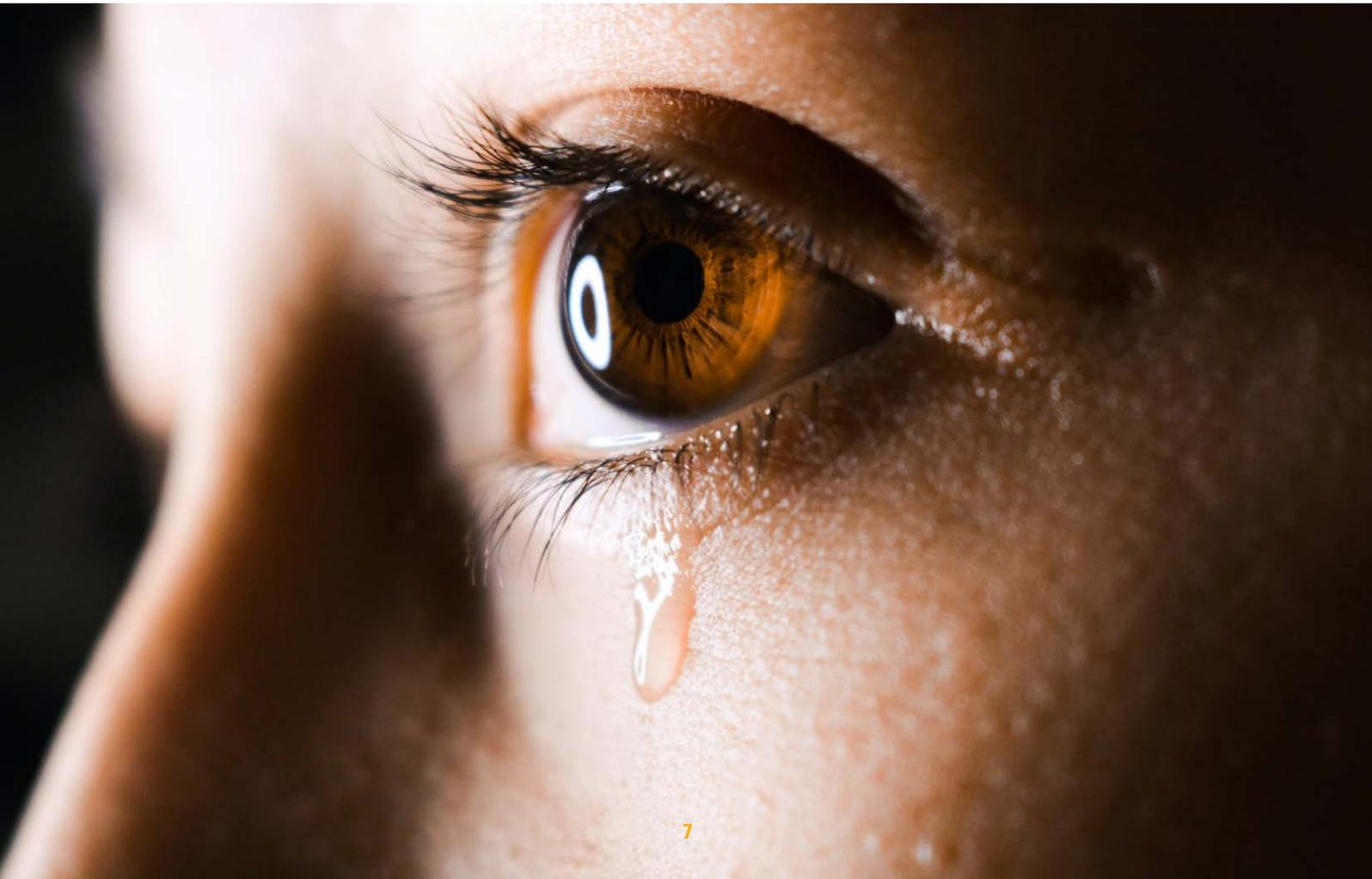
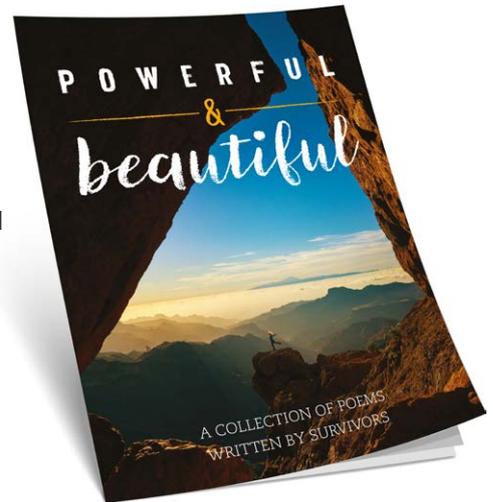
'I feel I have done all I can practically to keep us safe. The rest is in the hand of God. I am grateful for all your support. You helped me and supported me when there was nobody else. We are free and safe now.'

POWERFUL & BEAUTIFUL POEM BOOK

Members of the online Survivors Network were invited to submit poems, giving them a voice and opportunity to speak out about the abuse they had experienced. We received a large number of poems and decided to publish them anonymously, with the survivors' approval, in a booklet. The result was 'Powerful & Beautiful'. It has been very well received and survivors appreciated the opportunity to allow their voices to be heard.

For more information, see:

www.restoredrelationships.org/resources/info/148/





FIRST MAN STANDING:

1,000 CHRISTIAN MEN COMMIT TO ENDING VIOLENCE AGAINST WOMEN

Violence against women isn't a women's issue – it's a human issue. We encourage men to recognise their role in ending violence against women by joining Restored's **First Man Standing** (FMS) campaign, where they agree to respect women and challenge the attitudes and behaviours in themselves and other men that perpetuates violence against women. Over 1,000 Christians who have joined the campaign receive regular emails with thought-provoking articles and advice on how to take action. It has its own website www.firstmanstanding.com where resources and stories of positive examples of masculinity are shared.

A series of seven Bible Studies exploring masculinity and relationships has been regularly downloaded from our website and seen over 500 copies distributed.

[www.restoredrelationships.org/what-we-do/
working-with-men/](http://www.restoredrelationships.org/what-we-do/working-with-men/)



INTERNATIONAL HIGHLIGHTS

- A training event held in Sweden in 2018 was a catalyst for sharing the training and resources in Egypt and Burundi.
- Training events also held with churches in Brazil, Peru, India, Kenya, Zambia and Zimbabwe. Training in India with a local organisation saw the establishment of a survivors group by one church participating in the project, providing survivors with a safe space to talk about their experiences.
- Helpful ongoing partnership with the Micah Trust, representing a wide range of Christian organisations across the world.
- Over 25,000 Church packs distributed worldwide, including translations into Spanish, Portuguese, French, Polish, Hindi, Swedish, Arabic and Russian
- We have spoken at festivals and events and undertaken training in Brazil, Ecuador, Peru, Burundi, DRC, Kenya, Sierra Leone, South Africa, Zimbabwe, Zambia, Germany, Netherlands, Sweden, Turkey, and USA.



IMPACT FROM SWEDEN TRAINING

The results from the training event in Sweden in June 2018 were particularly encouraging. Anne Collen, Restored's church contact in Sweden, wrote in January 2020 as follows:

"I have some great reports about the Restored material. Maybe you know that I had a training event in Egypt in September 2018 for Coptic priests and evangelical pastors and leaders. The Restored material was translated into Arabic.

In June 2019 I had the same training in Burundi for 20 pastors. We used the French version. Someone then asked if it was ok to translate it into Kirundi. Now they are using my notes and slides to train in their local areas and churches."

Anne has also heard that the Restored materials are being used in Togo and South Sudan.

"Working with Restored has deepened our understanding of gender violence and increased our capacity to work with churches on this issue "

Comunidad y Cambio, member organisation of the Restored International Alliance

ADVOCACY

KEY HIGHLIGHTS

We are a key Christian voice in advocating for an end to violence against women. We're grateful to have had the opportunity to have:

- Lobbied Government on the Domestic Abuse Bill, highlighting the Cumbria research and the need to include faith communities in the Government's response
- Lobbied at the UN through the Commission on the Status of Women (CSW)
- Lobbied at the Commonwealth Heads of Government meeting in 2018 for the inclusion of faith communities
- Worked with the Church of England to pass a motion on Gender Based Violence at the General Synod



"I commend the work that Restored and its partners are doing, highlighting gender-based violence in our society, and seeking to tackle it through positive, practical measures".

**Justin Welby,
Archbishop of Canterbury, 2014**

LOBBYING OF UK GOVERNMENT

Restored has been working consistently to influence policy makers at the highest national and global levels to formally recognise violence against women as an issue, and the church as a key channel through which to address it. Once such policies are in place, we then hold government accountable for their implementation.

During 2018, Restored submitted a response to the government consultation on domestic abuse highlighting the Cumbria research and asking for the inclusion of faith communities in the response to domestic abuse. Restored is continuing to advocate for, and input into, the new Domestic Abuse Bill in its passage through the UK Parliament for the inclusion of faith communities in the Bill and for long term sustainable funding to be provided for professional services for survivors.





LOBBYING AT THE UN

In 2016, the United Nations Economic and Social Council registered Restored as an NGO. We can now attend UN meetings in an official capacity, and campaign for violence against women to be incorporated into a wider range of policy streams – which in turn will mean that we can lobby for more extensive changes to take place. Restored was also represented at the UN Commission for the Status of Women in 2018 when Mandy Marshall spoke on engaging faith leaders in the response to ending violence against women.

In 2013, we successfully lobbied with others for the United Nations Commission on the Status of Women to recognise the importance of including churches and faith organisations in the response to ending violence against women.

We also received an encouraging tweet from Claire Rush of the Girls' Brigade:



COMMONWEALTH HEADS OF GOVERNMENT MEETING

Restored attended the Women's Forum at the 'The Commonwealth Heads of Government Meeting' in March 2018, where Mandy Marshall lobbied persistently for faith communities to be included in the responses to issues facing women. This was included in the final report from the Women's forum. It was a hard won inclusion and displayed the importance of being present at meetings to lobby.

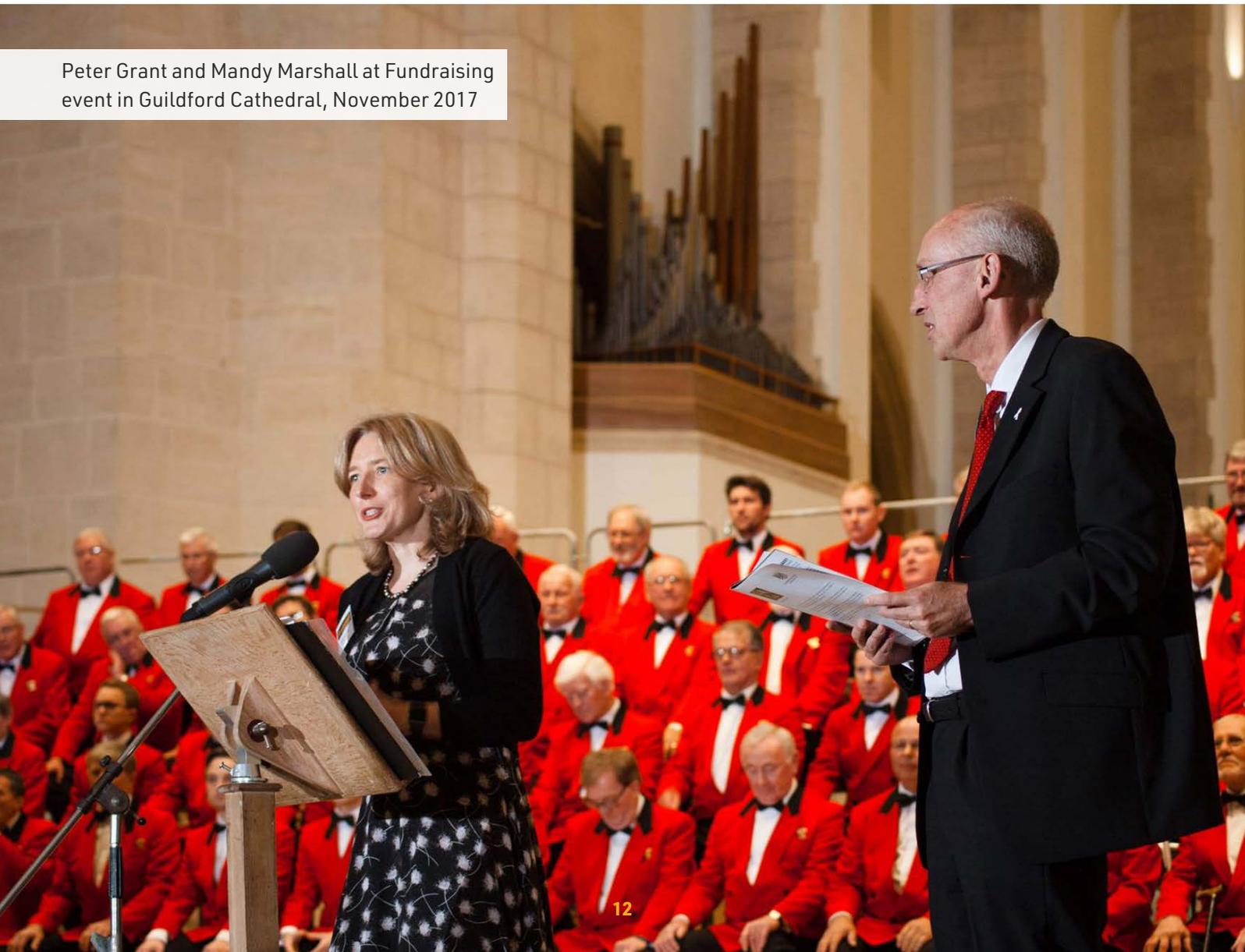
STAFFING

Restored's two founders and co-directors, Mandy Marshall and Peter Grant, made amazing contributions towards the establishment of Restored over the last 10 years. Peter retired in 2018 and Mandy left in March 2020 to take up a senior post as Director for Gender Justice for the Anglican Communion.

Restored has operated on a small staff and volunteer count over the last ten years and yet delivered high quality resources, training and advocacy, making an impact at a level far beyond the resources available. Starting at a FTE of 1.0 divided between the Co-Directors, and now operates under 3.0 FTE.



Peter Grant and Mandy Marshall at Fundraising event in Guildford Cathedral, November 2017

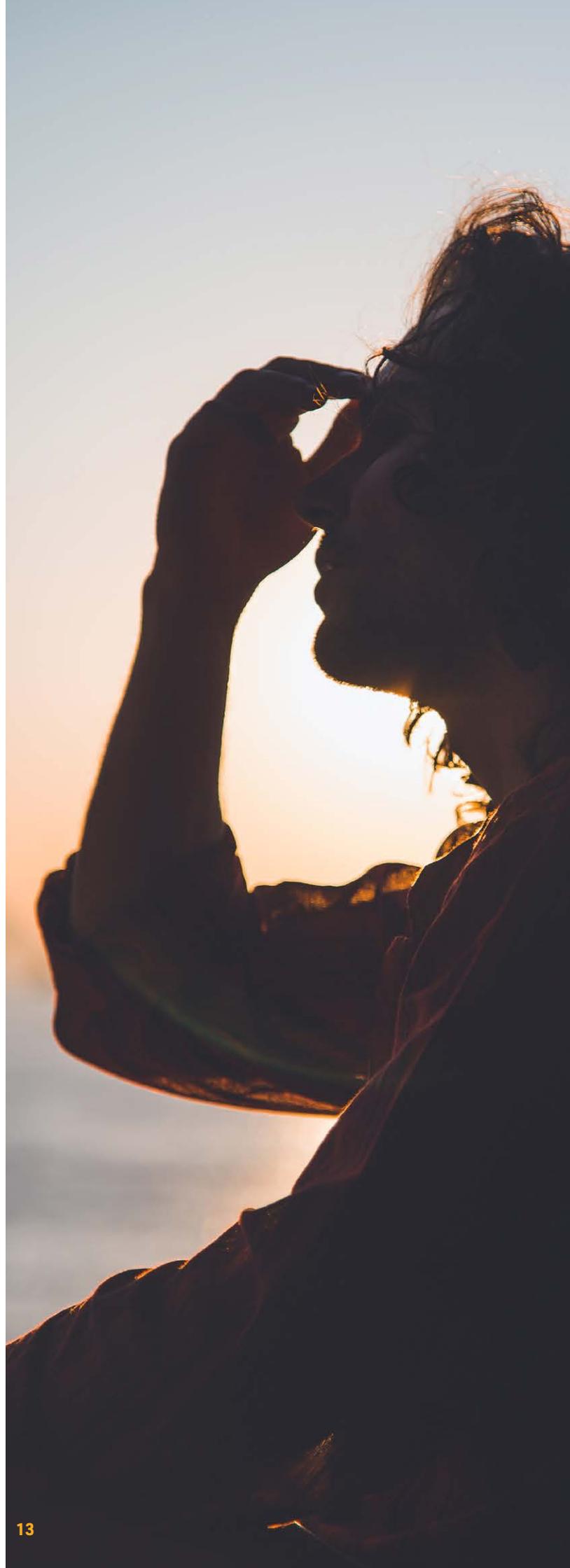


OUR VISION FOR THE NEXT TEN YEARS

Whilst violence against women is still a widespread extensive and ingrained issue, in the ten years since Restored was founded, we have seen positive change driven by many organisations both secular and religious. These would include the United Nations, The #metoo and #inchurchestoo movements, Refuge, the UK Government in introducing the law on coercive control and proposed domestic Abuse Bill, counting dead women and numerous church initiatives, other Christian organisations and individuals.

With your help, we can do much more:

- In the UK, we will continue to support churches, national church bodies and others as they train their church networks and scale up training of church leaders across the country.
- We will seek to engage more churches with the issue of violence against women, and to refine the training, resources and support that we provide to them.
- We will continue to engage more in social media streams, as we have found this helps people to engage more directly with us. By April 2020, we had 2,564 Facebook followers, 3,744 on Twitter and 267 on Instagram. We also had 962,737 website visits, and 35,622 YouTube views. A major update of the website is planned for 2020.
- We will continue to scale up our Survivors' Network and to explore new ways to deepen our First Man Standing campaign. We want to raise awareness across the nation so that all churches are aware of domestic abuse and know how to respond appropriately.





YOU CAN VIOLENCE AG

'I felt I couldn't talk to anyone in the church about it. I didn't know anyone who I could trust enough to believe me or take what I was going through seriously. No-one knew how desperate I felt. It was like I was living in a state where my physical body was operating but life had been sucked out of me.' - Charlotte

You could be the reason somebody like Charlotte finds a supportive church when she turns to her community for help.

GIVE

By making a monthly donation to Restored you can help end violence against women, restoring hope and dignity to women like Charlotte. Just £5 a month can resource an individual to become a beacon of hope for people like Charlotte to turn to. www.restoredrelationships.org/get-involved/fundraising

WE'RE GRATEFUL FOR ALL OUR SUPPORTERS - NONE OF OUR WORK

HELP END AGAINST WOMEN

INVOLVE YOUR CHURCH

See www.restoredrelationships.org/get-involved/church for free resources to help your church address domestic abuse, and much more.

BECOME A FIRST MAN STANDING

See www.restoredrelationships.org/what-we-do/working-with-men. Encourage the Christian men you know to join the campaign. Call us for leaflets to give out at your church or promote the link

PRAY WITH US

See www.restoredrelationships.org/get-involved/individual/pray for latest prayer needs.

WOULD HAVE HAPPENED WITHOUT YOUR GENEROSITY AND PRAYERS



Restored

Ending Violence Against Women

Restored is an international Christian alliance that raises awareness and works towards ending violence against women. Enable Us to continue to do this work by supporting our work financially visit www.give.net/Restored.

 www.restoredrelationships.org  Info@restoredrelationships.org

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